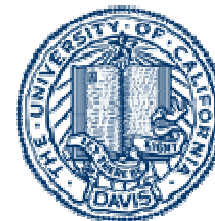


# The EDAPT Clinic

Early Diagnosis And Preventative Treatment  
of  
Psychotic Illness

University of California, Davis Medical Center



### **Description**

The EDAPT (Early Diagnosis and Preventative Treatment) clinic at the University of California, Davis Medical Center is part of the clinical health care services provided by the Department of Psychiatry and Behavioral Sciences.

The program serves individuals who are experiencing their first episode of psychotic symptoms, as well as those who may be at risk for or showing early indicators of these symptoms. The goal of the clinic is to intervene as early as possible in order to prevent the development of disease-related deficits and treatment-related side effects, and to empower individuals to become active participants in their treatment and progress towards their personal, social and occupational goals.

### **Who is Eligible**

- ◆ Males and females ages 12-40
- ◆ Individuals motivated for intensive multidisciplinary treatment

### **Available Services**

- ◆ Brief individual therapy targeted at improving functioning, managing symptoms, monitoring medications, and encouraging individuals to take an active role in illness monitoring and treatment decisions.
- ◆ Medication management with a Psychiatrist.
- ◆ Case management services.
- ◆ Monthly Family Support group.
- ◆ Group therapy and psychoeducation about symptom management, treatment options and community resources.
- ◆ Information also available about ongoing research into psychosis and cognitive disorders being conducted at the UCDMC Department of Psychiatry.

### **Contact Information**

If you or someone you know is interested in services or in obtaining additional information about the clinic, please contact:

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